

SOARING WITH SAS

Sports for Active Seniors

You don't stop playing when you get old,
You get old when you stop playing!

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Volume 31 Issue 2

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FEBRUARY 2026

BOARD OF DIRECTORS for 2025

President: Phyllis Covey 608-284-9070
Vice President Debbie Grundgeiger 608-767-2220
Secretary: Gail Gordon 608-692-9348
Treasurer Mary Juckem 608-358-0608
Archives Kim Andruss 608-212-9536
Hospitality Harry Andruss 608-697-5389
Publications: Yvonne Sorge 608-221-3926
Publicity Mike Lambert 608-577-1057
Programs: OPEN POSITION

SAS BOARD MEETING

The first meeting of SAS's new Board of Directors will be held **Monday February 2 at 10:30 am at the Monona Public Library in their board room.** The library is located 1000 Nichols Road. in Monona . When you enter the library from the parking lot take the elevator to the second floor and let the person at the desk take you to the room we have reserved.

Any members of SAS who are interested or other interested parties are also invited to attend and give the board members their input.

We have had an uptick in membership from last year at this time, which includes a growing number of new members with new enthusiasm and ideas.

SET TENNIS

Set tennis has moved to UW's Nielsen Tennis Stadium for the Winter . We will continue to play on Tuesdays and Thursdays, but times will vary depending on availability. Those interested in playing should contact me at langenfeldlois@gmail.com by 4pm on Sundays for the upcoming week.

2026 Membership dues of \$25 are due NOW !

MEMBERSHIP

People over the age of 55 who are interested in actively participating in sports are invited to join us.

The 2025 updated member directory is available on our web site . It is necessary to use a separate password to access it due to privacy concerns.

To obtain that password or for any other concerns, please contact yvonesor@gmail.com.

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SAS WEBSITE

www.sportsforactiveseniors.org

The SAS website contains information about our interest groups, as well as the current and past SAS newsletters.

Members can also find the Member Directory online here: <https://sportsforactiveseniors.org/members-portal/> . Contact any board member if you misplace that password. The membership directory has been updated as of 12/1/2025.

If you have suggestions or feedback about the website, please email: debsimon.tango@gmail.com

IMPROMPTU EVENTS

Our recent Madison weather has been a multitude of unexpected events making it impossible to schedule much in the newsletter — BUT there is an alternative: EMAIL!!!

When the conditions are going to be perfect one, two, or three days out and your ski's snow shoe's or ice skates are calling you, just let me: yvonesor@gmail.com or 608-221-3926 know and I'll get your hopes out to the general membership.

It's a long, long time between November and April , particularly this icy, snowy, sub zero winter and would sure be nice to see some familiar and new faces again until, biking, golf, tennis, kayaking and hiking/walking get going again in Spring. .

MALL WALKING

Unfortunately Mall Walking on Monday's in January produced no takers and has been cancelled.

If you "meant" to do it but never did, you can still put your own plan out there. Maybe February or a different day or time would turn out better.

Please contact me at yvonesor@gmail.com or 608221-3926 if you'd like to give it a try!

NEWSLETTER ITEMS

The deadline for items, pictures, and address changes for the SAS newsletter is the **20th** of the month. Please submit them to Yvonne Sorge, 5310 Painted Post Dr., Madison, WI 53716, or call 608-221-3926, or, send an e-mail to yvonesor@gmail.com

Please also notify me if you have not received your newsletter by the 28th of the previous month.

PAPER COPIES

If you have problems printing out the newsletter or would like a paper copy sent to you for any reason, please contact Yvonne at 608-221-3926 or yvonesor@gmail.com to be put on the paper copy mail list. You will still receive the email copy and other alerts by email if we have your email address.

PICKLEBALL

Please check with the facilities below to see if they have temporarily paused their operation.)

We do NOT have a leader for Pickleball but will publish a list of the facilities that do offer it . Please let me know of any additional facilities so that I can list them for our members.

yvonesor@gmail.com

HITTERS: 608-833-4488 (Please call)

PRAIRIE ATHLETIC CLUB: 608-837-4646 (Please call)

TURNERS:608-222-4922 (Please call)

WAUNAKEE VILLAGE CENTER: 608-850-5992

YMCA (east) 608-221-1571

YMCA (northeast - Sun Prairie): 608-857-8221

YMCA (west) : 608-276-6606

SPORTS for ACTIVE SENIORS (SAS)

2026 Membership Application

The SAS Release of Liability clause requires us to have a separate Membership Application form for each member. Couples may send one check to cover both memberships at \$25 each.

Please complete this application and return with a check made out to SAS for \$25 per member.

Mail to: Mary Juckem, SAS Treasurer

89 Golf Course Road Unit E

Madison, WI 53704

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

CELL PHONE _____ HOME PHONE _____

EMAIL ADDRESS _____

Retired Semi-Retired Working New Member Renewing Member

Optional Donation _____ How did you hear about SAS? _____

INTERESTS

Biking Bowling Camping Canoeing/Kayaking Dancing Golf

Hiking/Walking Skiing XC Snow Shoeing Tennis

Other _____

Please check ways you'd be willing to help with SAS: BOARD MEMBER Membership Hospitality

Programs Newsletter Computer Literacy Activity Leadership Finance Archives

Publicity

RELEASE OF LIABILITY/Indemnity

(Application will not be accepted without signing this release.)

I understand that participation in the activities of this organization may put me at risk of injury or loss. I hereby assume such risk, and I release, indemnify, and hold harmless the organization, its officers, its activity leaders, and my fellow participants from all liability for any injuries, damages, claims, or allegation of misadventure or negligence. I agree to indemnify and hold those identified above harmless and pay for all costs, attorney fees and other monetary awards incurred or determined in any lawsuit or claim related to the organization and myself.

Signature _____ Date _____

Emergency Contact _____ Phone _____

I permit my name, address, phone number(s) and email address to appear in the SAS directory.

Signature _____ Date _____