Sports for **A**ctive **S**eniors

(Revised 1/31/25)

Part 1: Board of Directors

Activity Leaders

Membership description

By Laws

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SAS 2024 BOARD OF DIRECTORS

PRESIDENT:Sue Poehlman……..cycletour100@gmail.com……..608-943-1381

VICE-PRESIDENT Harry Andruss…….harryandruss@yahoo.com……608-697-5389

SECRETARY: Kathleen Beckett ……kbtravler@gmail.com……...608-772-1992

TREASURER: Mary Juckem…… …maj2810@gmail.com……..608-358-0608

ARCHIVES: Kim Andruss……kim.andruss@yahoo.com…… ……608-212-9537

HOSPITALITY: Phyllis Covey……..sonbeam61@gmail.com…… ……..608-284-9070

MEMBERSHIP: Pam Danielsen……pameladanielsen@gmail.com…..608-335-0161

PROGRAMS: Mike Lambert……..lambertmichaelj@gmail.com……608-577-1057

PUBLICATIONS: Yvonne Sorge……yvonnesor@gmail.com……..608-221-3926

SAS ACTIVITY LEADERS

BIKING (B):	Bob Brooks	608-658-2016	bandalaro@chartermi.net
BOWLING (BL)	(leader needed)		
CAMPING (CP)	(leader needed)		
GOLF (G)	Ann White (9 Springs)	608-271-2950	amw2494@gmail.com
HIKING/WALKING (H/W)	Diane Schwartz	608-358-8314	getkidsoutside@gmail.com
SNOW SHOEING (SS)	(leader needed)		
TENNIS: Rotation (MWF)	Karen Scheele	608-238-4430	bkscheele@att.net
Sets (T&Th)	Lois Langenfeld	608-233-2612	llangenfeld@att.net

MEMBERSHIP

Your annual membership fee of $25 to SAS (Sports for Active Seniors) helps defray publication costs of newsletter, brochures, and our directory. SAS dues also go to providing refreshments and basic supplies for annual meetings, picnics and potlucks.

All members are encouraged to attend annual SAS events. It's a good way to make new friends, grow our circle of active seniors, and connect with others who may have similar interests and who may want to form a new group activity.

The SAS membership year runs from January to December. Annual dues and updated membership forms can be submitted prior to the next calendar year, but there is no deadline for submission. New memberships and renewals will be accepted at any time during the year. Once received, your membership allows you to participate in any of the sports activities listed. More information and details are in the monthly SAS newsletter and are also posted on the SAS website:http:sportsforactiveseniors.org.

You can download a blank membership form from the SAS website

The membership form includes a Release of Liability clause which must be signed by each member. Couples may send a single check to cover both memberships @ $25 each, but a separate Membership Form is required for each member.

Completed applications and a check made out to SAS for $25.00 per member can be mailed to:

SAS
Mary Juckem (treasurer)
89 Golf Course Road Unit E

Madison, WI 53704

SPORTS FOR ACTIVE SENIORS (SAS) BY-LAWS (revised 5/26/22)

ARTICLE I NAME

The name of this Society shall be "SPORTS FOR ACTIVE SENIORS" (SAS).

ARTICLE II OBJECT

The object of this society shall be to provide members an opportunity to participate in sports with others in their age group

ARTICLE III MEMBERSHIP

SECTION 1 Membership will be open to all persons 55 or older.

SECTION 2 Non-members may attend one general meeting and two activities before paying dues.

ARTICLE IV DUES

SECTION 1 Dues for membership will be established by the Board and will cover a calendar year, January 1 through December 31, and are payable in November, accompanied by an application form to the Membership Chairman. Members in arrears one month after January 1 will be deleted from the mailing list and the Registry of Members. Membership dues for new members received after October 1 will be effective from that date through the following calendar year.

SECTION 2 Dues shall be used for the expenses of operating the Society and for the benefit of the Society as a whole. Expenses for special events must be Board approved. Expenses incurred by specific groups will be shared by members of those groups.

ARTICLE V – BOARD OF DIRECTORS

SECTION 1 The Board of Directors will consist of the following officers: President, Vice-President, Secretary, Treasurer, Immediate Past President, and the following committee chairpersons: Hospitality/Arrangements, Membership, Newsletter, Program, Publicity, and Archives.

SECTION 1 A Nominating Committee of 3, including one Board Member, will be appointed by the Board at a Board meeting prior to the November General Meeting. It shall be the duty of this committee to nominate candidates for the Board to be elected at te General Meeting in November. Before the election, additional nominations, with the consent of the nominee, will be permitted from the floor.

SECTION 3. Board Members shall be elected to serve for one year or until their successors are elected. Their term shall begin at the close fo the November General Meeting at which they are elected. The president shall appoint a member to fill any vacated office until the next election.

SECTION 4. No member shall hold more than one office at a time and no member is allowed to serve in the same office more than two consecutive terms, with the exception of Treasurer, Newsletter Editor, and Archivist, without prior approval of two-thirds of the entire Board of Directors.

SECTION 5. The responsibilities of the Board are described in a separate document entitled *GUIEDLINES FOR THE BOARD,* which shall be an addendum to these By-laws.

ARTICLE VI – MEETINGS

SECTION 1. The General meetings of the Society shall be held in May, August, and November.

SECTION 2. All programs presented at the General meeting will be preferably, but not necessarily, sports related.

SECTION 3. The General Meeting in November shall be held for the purpose of electing a Board and renewing memberships.

SECTION 4. Board meetings will be held during the month prior to the regular meetings.

SECTION 5. A quorum is mandatory for the valid transaction of business. A quorum shall consist of a majority of Board Members.

ARTICLE VII – CO-LEADERS

SECTION 1. Co-leaders will be expected to organize activities, plan events and submit dates of same for a monthly calendar to be mailed to the membership.

SECTION 2. Co-leaders are expected to encourage all active members of their groups to plan and arrange events.

SECTION 3. All activities must be sports or exercise related.

ARTICLE VIII – AMENDMENTS

By-laws may be amended at any General Meeting by a two-thirds vote of the total members present, provided the amendment has been submitted in writing to all members eight (8) days prior to the meeting.

ARTICLE IX PARLIMENTARY AUTHORITY

The rules contained in the most recent edition of "Roberts Rules of Order" shall govern the society in all cases to which they are applicable and in which they are consistent with these by-laws or any special rules of order the Society may adopt.

ARTICLE X – DISSOLUTION

Should the Society formally dissolve, any remaining assets and funds shall be transferred to an organization with similar objectives as approved by the Board. The treasurer shall instruct Capitol City Centenial Park on Lake Farm Road to be removed from the Jean Robichaud memorial kiosk the two plaques that do not contain her name. Her name plaque is to remain in perpetuity.

GUIDELINES FOR THE BOARD (10-21-2022)

PRESIDENT: Conducts and sets agendas for General and Board meetings with the assistance of the Vice President. Implements the objectives of the organization. Has final decisions over the organization. Appoints committees as needed to assist the Board.

VICE PRESIDENT: Conducts General and Board meetings in the absence of the President. Encourages members to volunteer as activity leaders and initiate and/or participate in S.A.S. activities as appropriate.

–Group leaders are to submit items of interest to newsletter editor monthly.

–Group leaders are not expected to plan or attend all events of their group but rather to encourage participants in events to plan and conduct events to create ”fun for all rather than work for a few.”

SECRETARY: Records and presents minutes at Board and General Meetings. Sends copies of Board meeting minutes to Board members, after first sending to Board President for review. Conducts general correspondence of the organization, including thank-you notes to speakers, etc.

TREASURER: Handles funds of the organization, including receipt and deposit of dues and disbursements of expenses; keeps itemized records of both. Collects mail from post office box and distributes appropriately. Presents annual report at annual meeting.

ARCHIVES: Collects, organizes and references as needed; arranges for storage of necessary records and other materials to maintain a history of the organization, including but not limited to Minutes of Board and General meetings, newsletters, and annual membership directory.

HOSPITALITY: Arranges and provides greeters, nametags and appropriate refreshments for the event(s). Any meeting place or date that does not conform to Article VI of the By-Laws must be submitted to the Board for approval.

MEMBERSHIP: Keeps an up-to-date record of paid members; sends “welcome” letters to all new members.

NEWSLETTER: Publishes, prints and mails/emails SOARING WITH S.A.S., a monthly newsletter containing a calendar of events and other items of interest submitted by group leaders and members. Provides Membership chairperson with extra copies for new members. Has authority to edit submissions after consulting with submitter. Maintains a mailing list of members. Publishes, prints and emails/mails an annual Membership directory. Maintains a mailing list of current members.

PROGRAMS: Provides sports, health or exercise-related programs for membership meetings in addition to entertainment and/or activities for special events.