

SOARING WITH SAS

Sports for Active Seniors

You don't stop playing when you get old,
You get old when you stop playing!

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Volume 30 Issue 3

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MARCH 2025

BOARD OF DIRECTORS for 2025

President:	Sue Poehlman	608-843-1381
Vice President	Harry Andruss	608-697-5389
Secretary:	Kathleen Beckett	608-772-1992
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Hospitality:	Phyllis Covey	608-284-9070
Membership:	Pam Danielsen	608-335-0161
Publications:	Yvonne Sorge	608-221-3926
Publicity	Mike Lambert	608-577-1057
Programs:	OPEN POSITION	

2025 SAS Dues are due now.

(Dues follow the calendar year)

If you have not yet paid your SAS dues for 2025, there will be a caption at the top of THIS newsletter saying "Our records indicate that we have not received your dues for 2025". Please note the we no longer use a P.O. box. Send dues payment directly to our treasurer Mary Juckem: 89 Golf Course Road, Unit E, Madison, WI 53704.

35th ANNIVERSARY CELEBRATION

This Summer we will be celebrating SAS's 35th anniversary. The 30th anniversary was cancelled due to the Covid 19 pandemic.

We have a committee which will be meeting Thursday February 27 to plan the date, menu, and activities for that event.

We would LOVE to have YOUR IDEAS.

Yvonne: 608-221-3926 or yvonesor@gmail.com

MEMBERSHIP

People over the age of 55 who are interested in actively participating in sports are invited to join us.

The 2025 updated member directory will be available on our web site by February 1. It is necessary to use a separate password to access it due to privacy concerns.

To obtain that password or for any other concerns, please contact me at yvonesor@gmail.com or 608-221-3926.

Membership for 2025

40

SAS WEBSITE

www.sportsforactiveseniors.org The SAS website contains information about our interest groups, as well as the current and past SAS newsletters.

Members can also find the (updated 1/17/2025 Member Directory) online here: <https://sportsforactiveseniors.org/members-portal/> Use the password which was emailed to members to log in for the directory. Contact any board member if you misplace that password.

If you have any suggestions or feedback about the website, please email: debsimon.tango@gmail.com

SPRING ACTIVITIES COMING UP

Spring has Sprung (I hope) and it's time to start thinking of biking, canoeing and kayaking, camping, golf and tennis.

Canoeing and kayaking have some very enthusiastic people wanting to plan things for that.

Biking, golfing and tennis will continue with their dedicated leaders.

UP North Get-AWAY

Camping has lost it's leader but we hope to continue with the trip up North to the Minoqua and Boulder Junction areas this summer for biking, canoe & Kayaking, swimming and other fun activities there in late July or early August.

Camp sites at Firefly lake or Silver lake or motels in Woodruff/ Minoqua have worked out well. There are no empty beds at the nearby cottage but you are welcome to sleep on the large screened in porch, in the garage, in your vehicle or to pitch a tent and join cottage dwellers for meals, games & bathroom facilities. The cottage is located on Little Spider Lake between Woodruff and Firefly Lake.

Please let me know if you are interested and what dates would be available for you.

Yvonne: 608-221-3926 or
yvonnesor@gmail.com

IMPROMPTU BIKE RIDES

With warmer weather approaching and thoughts of biking, it's time to keep tabs on your emails and watch for AND/OR plan impromptu bike rides between our monthly newsletters. Just send the information to Bob Brooks at bandalaro@chartermi.net or Yvonne at: yvonnesor@gmail.com

Please include: day and date, time, starting location, approximate mileage, contact person, and any other details you might like to add.

Bike rides for listing in the newsletter are due the 20th of each month.

NEWSLETTER ITEMS

The deadline for items, pictures, and address changes for the SAS newsletter is the **20th** of the month. Please submit them to Yvonne Sorge, 5310 Painted Post Dr., Madison, WI 53716, or call 608-221-3926, or, send an e-mail to yvonnesor@gmail.com

Please also notify me if you have not received your newsletter by the 28th of the previous month.

PICKLEBALL

Please check with the facilities below to see if they have temporarily paused their operation.)

We do NOT have a leader for Pickleball but will publish a list of the facilities that do offer it . Please let me know of any additional facilities so that I can list them for our members. yvonnesor@gmail.com

HITTERS: 608-833-4488 (Please call)

PRAIRIE ATHLETIC CLUB: 608-837-4646 (Please call)

SALVATION ARMY 608-256-2321 (Please call)

TURNERS:608-222-4922 (Please call)

WAUNAKEE VILLAGE CENTER: 608-850-5992

YMCA (east) 608-221-1571

YMCA (northeast - Sun Prairie): 608-857-8221

YMCA (west) : 608-276-6606

SPORTS for ACTIVE SENIORS (SAS)

2025 Membership Application

The SAS Release of Liability clause requires us to have a separate Membership Application form for each member. Couples may send one check to cover both memberships at \$25 each.

Please complete this application and return with a check made out to SAS for \$25 per member.

Mail to: Mary Juckem, SAS Treasurer

89 Golf Course Road Unit E

Madison, WI 53704

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

CELL PHONE _____ HOME PHONE _____

EMAIL ADDRESS _____

Retired Semi-Retired Working New Member Renewing Member

Optional Donation _____ How did you hear about SAS? _____

INTERESTS

Biking Bowling Camping Canoeing/Kayaking Dancing Golf

Hiking/Walking Skiing XC Snow Shoeing Tennis

Other _____

Please check ways you'd be willing to help with SAS: BOARD MEMBER Membership Hospitality

Programs Newsletter Computer Literacy Activity Leadership Finance Archives

Publicity

RELEASE OF LIABILITY/Indemnity

(Application will not be accepted without signing this release.)

I understand that participation in the activities of this organization may put me at risk of injury or loss. I hereby assume such risk, and I release, indemnify, and hold harmless the organization, its officers, its activity leaders, and my fellow participants from all liability for any injuries, damages, claims, or allegation of misadventure or negligence. I agree to indemnify and hold those identified above harmless and pay for all costs, attorney fees and other monetary awards incurred or determined in any lawsuit or claim related to the organization and myself.

Signature _____ Date _____

Emergency Contact _____ Phone _____

I permit my name, address, phone number(s) and email address to appear in the SAS directory.

Signature _____ Date _____

PAPER COPIES

If you have problems printing out the newsletter or would like a paper copy sent to you for any reason, please contact Yvonne at 608-221-3926 or yvonesor@gmail.com to be put on the paper copy mail list. You will still receive the email copy and other alerts by email if we have your email address.