SOARING WITH SAS

Sports for Active Seniors
You don't stop playing when you get old,
You get old when you stop playing!

Volume 30 Issue 2 FEBRUARY 2025

BOARD OF DIRECTORS for 2025

President:	Sue Poehlman	608-843-1381
Vice President	Harry Andruss	608-697-5389
Secretary:	Kathleen Beckett	608-772-1992
Treasurer	Mary Juckem	608-358-0608
Archives	Kim Andruss	608-212-9536
Hospitality:	Phyllis Covey	608-284-9070
Membership:	Pam Danielsen	608-335-0161
Publications:	Yvonne Sorge	608-221-3926
Publicity	Mike Lambert	608-577-1057
Programs:	OPEN POSITION	

SAS MEMBERSHIP RENEWALS DUE NOW!

It's time to renew your SAS membership NOW!. Membership follows the calendar year January thru December. The dues have increased to \$25.00 for 2025.

Due to an increase in P.O. Box fees, SAS dues may NOW be sent directly to our treasurer,

Mary Juckem (treasurer) at:

89 Golf Course Road Unit E Madison, WI 53704

We are planning a celebration of SAS's existence for 35 years and hope you will plan to be a part of it. Please contact me if you are interested in joining our committee with your ideas or just giving us your ideas for the celebration.

COVID interrupted our plans for a 30th anniversary celebration but the 20th and 25th celebrations were GREAT! This one can be even better! Where and When are yet to be determined and we need YOUR ideas!

Yvonne-yvonnesor@gmail.com or 608221-3926.

MEMBERSHIP

People over the age of 55 who are interested in actively participating in sports are invited to join us.

The 2025 updated member directory will be available on our web site by February 1. It is necessary to use a separate password to access it due to privacy concerns.

To obtain that password or for any other concerns, please contact me at yvonnesor @gmail.com or 608-221-3926.



SAS WEBSITE

www.sportsforactiveseniors.org
The SAS website contains information about
our interest groups, as well as the current and
past SAS newsletters.

Members can also find the (updated 1/17/2025 Member Directory) online here: https://sportsforactiveseniors.org/members-portal/ Use the password which was emailed to members to log in for the directory. Contact any board member if you misplace that password.

If you have any suggestions or feedback about the website, please

email: debsimon.tango@gmail.com

Learn to Snowshoe Volunteer Opportunity

Warner Park Rainbow Shelter 2930 N. Sherman Ave Friday February 21 12:30-2:30 pm

This is an opportunity to volunteer with **Get Kids Outside**.

Get Kids Outside is a non-profit organization that works to get underserved kids outside. It is run by Diane Schwartz, a member of SAS. This event teaches kids how to snowshoe and then we eat s'mores. Volunteers would help kids with the snowshoes (easy to put on) and help with s'mores. We usually get about 30 kids for this event. We will hike if there is no snow. Please contact Diane at 608-358-8314 or getkidsoutside@gmail.com if interested or if you have questions.



Diane and Ursula enjoy the January 11 Saturday evening hike/snowshoe event at Warner Park.

WINTER ACTIVITIES

The ice and snow have arrived. It really is Winter! . It's time to get serious about those Winter activities!

Volunteer NOW to lead:

BOWLING, CROSS-COUNTRY or DOWNHILL SKIING, DANCING, ICE SKATING, INDOOR TENNIS, MALL WALKING, YOUR FAVORITE

Contact yvonnesor@gmail.com or 608-221-3926 if you can lead any of the above. We'll get the word out by newsletter or email!

PICKLEBALL

Please check with the facilities below to see if they have temporarily paused their operation.)

We do NOT have a leader for Pickleball but will once again publish a list of the facilities that have begun to offer it again since the pandemic restrictions have been lifted. Please let me know of any additional facilities so that I can list them for our members. yvonnesor@gmail.com

HITTERS: 608-833-4488 (Please call)

PRAIRIE ATHLETIC CLUB: 608-837-4646 (Please call)

SALVATION ARMY 608-256-2321 (Please call)

TURNERS:608-222-4922 (Please call)

WAUNAKEE VILLAGE CENTER: 608-850-5992

YMCA (east) 608-221-1571

YMCA (northeast - Sun Prairie): 608-857-8221

YMCA (west): 608-276-6606

SPORTS for ACTIVE SENIORS (SAS)

2025 Membership Application

The SAS Release of Liability clause requires us to have a separate Membership Application form for each member. Couples may send one check to cover both memberships at \$25 each.

Please complete this application and return with a check made out to SAS for \$25 per member.

Mail to: Mary Juckem, SAS Treasurer

89 Golf Course Road Unit E

Madison, WI 53704

NAME		
ADDRESS		
CITY	STATE	ZIP CODE
CELL PHONE	HOME PHONE_	
EMAIL ADDRESS		
RetiredSemi-Retired	WorkingNew Member _	Renewing Member
Optional DonationHow did	you hear about SAS?	
	INTERESTS	
Hiking/WalkingSkiin	CampingCanoeing/Kayaking g XCSnow ShoeingTenn	is
Please check ways you'd be will	ing to help with SAS: BOARD MI	EMBERMembershipHospitality
ProgramsNewsletter(Computer LiteracyActivity Leader	rshipFinanceArchives
Publicity		
	ASE OF LIABILITY/Indemnity will not be accepted without signing	this release.)
and I release, indemnify, and hold har liability for any injuries, damages, claim	mless the organization, its officers, its activit ms, or allegation of misadventure or neglige osts, attorney fees and other monetary awa	risk of injury or loss. I hereby assume such ris ty leaders, and my fellow participants from all nce. I agree to indemnify and hold those iiden ards incurred or determined in any lawsuit or
Signature		Date
Emergency Contact		Phone
I permit my name, address, phone nu	mber(s) and email address to appear in the S	SAS directory.

Date___

Signature___

NEWSLETTER ITEMS

The deadline for items, pictures, and address changes for the SAS newsletter lis the **20th** of the month. Please submit them to Yvonne Sorge, 5310 Painted Post Dr., Madison, WI 53716, or call 608-221-3926, or, send an e-mail to yvonnesor@gmail.com

Please also notify me if you have not received your newsletter by the 28th of the previous month.

PAPER COPIES

If you have problems printing out the newsletter or would like a paper copy sent to you for any reason, please contact Yvonne at 608-221-3926 or *yvonnesor@gmail*.com to be put on the paper copy mail list. You will still receive the email copy and other alerts by email if we have your email address.