SOARING WITH SAS

Sports for Active Seniors

You don't stop playing when you get old,

You get old when you stop playing!

Volume 30 Issue 1

JANUARY 2025

BOARD OF DIRECTORS for 2025

President:	Sue Poehlman	608-843-1381
Vice President	Harry Andruss	608-697-5389
Secretary:	Kathleen Beckett	608-772-1992
Treasurer	Mary Juckem	608-358-0608
Archives	Kim Andruss	608-212-9536
Hospitality:	Phyllis Covey	608-284–9070
Membership:	Pam Danielsen	608-335-0161
Publications:	Yvonne Sorge	608-221-3926
Publicity	Mike Lambert	608-577-1057
Programs:	OPEN POSITION	

MEMBERSHIP

People over the age of 55 who are interested in actively participating in sports are invited to join us.

Questions? Call Pam at 608-335-0161



www.sportsforactiveseniors.org The SAS website contains information about our interest groups, as well as the current and past SAS newsletters.

Members can also find the (updated 6/20/2024 Member Directory) online here: *https:// sportsforactiveseniors.org/members-portal/* Use the password which was emailed to members to log in for the directory. Contact any board member if you misplace that password.

If you have any suggestions or feedback about the website, please email *debsimon.tango@gmail.com*

SAS BOARD MEETING

The SAS Board of Directors meeting will be Wednesday January 15th, at the Lakeview Library on North Sherman Ave at 10:00am in the Fireside conference room. All SAS members and interested people are welcome to come and give their input to the meeting.

NEWSLETTER ITEMS

The deadline for items, pictures, and address changes for the SAS newsletter lis the **20th** of the month. Please submit them to Yvonne Sorge, 5310 Painted Post Dr., Madison, WI 53716, or call 608-221-3926, or, send an e-mail to *yvonnesor@gmail.com*

Please also notify me if you have not received your newsletter by the 28th of the previous month.

PAPER COPIES

If you have problems printing out the newsletter or would like a paper copy sent to you for any reason, please contact Yvonne at 608-221-3926 or *yvonnesor@gmail*.com to be put on the paper copy mail list. You will still receive the email copy and other alerts by email if we have your email address.

HAPPY NEW YEAR!

WINTER ACTIVITIES

The ice and snow have arrived. It really is

Winter! . It's time to get serious about those Winter activities!

Volunteer NOW to lead :

BOWLING

CROSS-COUNTRY or DOWNHILL SKIING DANCING ICE SKATING INDOOR TENNIS MALL WALKING This Space for an activity **YOU** could plan!

YOUR FAVORITE

Contact yvonnesor@gmail.com or 608-221-3926 if you can lead any of the above. We'll get the word out by newsletter or email!

PICKLEBALL

Please check with the facilities below to see if they have temporarily paused their operation.)

We do NOT have a leader for Pickleball but will once again publish a list of the facilities that have begun to offer it again since the pandemic restrictions have been lifted. Please let me know of any additional facilities so that I can list them for our members. *yvonnesor@gmail.com*

HITTERS: 608-833-4488 (Please call)

PRAIRIE ATHLETIC CLUB: 608-837-4646 (Please call)

SALVATION ARMY 608-256-2321 (Please call)

TURNERS:608-222-4922 (Please call)

WAUNAKEE VILLAGE CENTER: 608-850-5992

YMCA (east) 608-221-1571

YMCA (northeast - Sun Prairie): 608-857-8221

YMCA (west) : 608-276-6606

SPORTS for ACTIVE SENIORS (SAS)

2025 Membership Application

The SAS Release of Liability clause requires us to have a separate Membership Application form for each member. Couples may send one check to cover both memberships at \$25 each.

Please complete this application and return with a check made out to SAS for \$25 per member.

Mail to: Mary Juckem, SAS Treasurer

89 Golf Course Road Unit E

Madison, WI 53704

NAME
ADDRESS
CITYSTATEZIP_CODE
CELL PHONEHOME PHONE
MAIL ADDRESS
RetiredSemi-RetiredWorkingNew MemberRenewing Member
Optional DonationHow did you hear about SAS?
INTERESTS BikingBowlingCampingCanoeing/KayakingDancingGolf Hiking/WalkingSkiing XCSnow ShoeingTennis Other
Please check ways you'd be willing to help with SAS: BOARD MEMBERMembershipHospitality ProgramsNewsletterComputer LiteracyActivity LeadershipFinanceArchives Publicity
RELEASE OF LIABILITY/Indemnity (Application will not be accepted without signing this release.)

I understand that participation in the activities of this organization may put me at risk of injury or loss. I hereby assume such risk, and I release, indemnify, and hold harmless the organization, its officers, its activity leaders, and my fellow participants from all liability for any injuries, damages, claims, or allegation of misadventure or negligence. I agree to indemnify and hold those iidentified above harmless and pay for all costs, attorney fees and other monetary awards incurred or determined in any lawsuit or claim related to the organization and myself.

Signature	_Date
Emergency Contact	_Phone
Learmit my name, address, phone number(s) and smail address to appear in the CAC	directory

I permit my name, address, phone number(s) and email address to appear in the SAS directory.

Signature_
