

SOARING WITH SAS

Sports for Active Seniors

You don't stop playing when you get old,
You get old when you stop playing!

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Volume 29 Issue 4

APRIL 2024

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BOARD OF DIRECTORS for 2024

President:	Bob Brooks	608-658-2016
Vice President :	Betty Jean Grafton	651-231-6879
Secretary:	Kathleen Beckett	608-772-1992
Treasurer	Mary Juckem	608-358-0608
Archives:	OPEN POSITION	
Hospitality:	Vernon Flesch	608-873-5906
Membership:	Mary Price	608-513-5724
Publications:	Yvonne Sorge	608-221-3926
Programs:	Larry Neuman	608-271-8657

2024 DUES DUE

It's time to renew SAS membership for 2024.

Please note that if there is a caption at the top of this newsletter reminding you, your dues are due, It will say "Our records indicate that your dues for 2024 have not been received".

NO caption means that your dues for 2024 have been recorded.

SAS 34th Anniversary MEETING

The 34th SAS anniversary pot luck meeting will be held in mid-May. Currently the location and date are being pinned down. An email will be sent out when we have those details and it will also be published in the May newsletter.

We hope to see members from all of the SAS activities coming to the meeting.

ANNUAL SAS PICNIC—August 7

The Annual SAS Picnic potluck will be held at Lake farm Park, Shelter 2, where it has been held in the past, on Wednesday August 7. There will be short and longer bike ride options before the picnic and card and board games following the picnic.

MEMBERSHIP

People over the age of 55 who are interested in actively participating in sports are invited to join us.

Questions? Call Mary at 608-513-5724

Membership for 2024 59

SAS WEBSITE

www.sportsforactiveseniors.org

The SAS website contains information about our interest groups, as well as the current and past SAS newsletters.

Members can also find the **Member Directory** online here: <https://sportsforactiveseniors.org/members-portal/> Use the password which was emailed to members to log in for the directory. Contact any board member if you misplace that password.

If you have any suggestions or feedback about the website, please

email debsimon.tango@gmail.com

SAS PRESIDENT RETIRING-

SAS's current president, Bob Brooks will be retiring from the position he has held since 2006. The responsibilities of this job are not oppressive. He chairs three Board meetings and three General meetings annually and if not available has a vice-president to take over a meeting. Bob is willing to help anyone willing to take over this position for as long as needed.

Please contact Bob: 608-658-2016

bandalaro@chartermi.net

WELCOME NEW MEMBERS

Harry and Kim Andruss B,H/W,CP,CN/K, H/W

Ed Cothroll B,G,H/W

Gaylord Plummer: B,H/W,SS

Sue Rowe: B,C/K,XC,PB

Mary M: B,CN/K,D,SS

BOWLING



Thursday February 29 four SAS bowlers, Pam, Karren, Mary and Mary enjoyed an afternoon of bowling at Dream Lanes. Bob and Yvonne joined to cheer them on.

SPRING ACTIVITIES

With the hope of an early Spring, start polishing up the Bikes, Golf clubs, Tennis racquets and Walking shoes and let Yvonne know when you would like to start your activity.

Leaders are also needed for: Canoeing/ Kayaking, Dancing, and whatever else you'd really love to find companions to join you in.

Yvonne: yvonesor@gmail.com or 608-221-3926 will publish your activity in the monthly newsletter or by email.

NEWSLETTER ITEMS

The deadline for items, pictures, and address changes for the SAS newsletter has been **permanently changed** to the **20th** of the month.

Please submit them to Yvonne Sorge, 5310 Painted Post Dr., Madison, WI 53716, or call 608-221-3926, or, send an e-mail to yvonesor@gmail.com

Please also notify me if you have not received your newsletter by the 28th of the previous month.

CAMPING

Prospective campers: Save the dates: Sunday July 28 to Friday August 2, 2024.

Betty Jean has reserved a great double site for camping at Firefly Lake near Minoqua, Woodruff, and Boulder Junction, one of Wisconsin's prime vacation spots. Plans are to join with nearby SAS cottage dwellers for biking, hiking, swimming, canoeing & kayaking, boating, card playing, a meal or two and a place to shelter in case of bad weather. Questions: 651-231-6879 or bettyjeank312@gmail.com

BIKING

The Spring biking season was kicked off on Wednesday March 13th with an impromptu ride. The bikers rode from Burrows Park through Tenny Park along the Capital City Bike Trail and city streets. They stopped for a bite to eat at the Garver Feed Mill and then returned to Burrows Park.

Five bikers, Bob, Larry, Cynthia, Phyllis and Harry enjoyed great early Spring weather. Bob Brooks

bandalaro@chartermi.net 608-658-2016

Watch your emails for impromptu bike rides during this early Spring unsettled weather or plan one that you'd like to do. Contact Yvonne

at yvonesor@gmail.com to send an email or phone her at 608-221-3926.

GOLF

GOLFING at 9 SPRINGS

Plan on starting May 1st at 9am. Call me if coming at 608 271 2950. Ann White

THURSDAY GOLF—Variety of Courses

Every Thursday, mid-morning, We play at most of the courses in Dane county area..

Contact :Vern at: vflesch@gmail.com or 608-873-5906 for further information.

SPORTS for ACTIVE SENIORS (SAS)

2024 Membership Application

The SAS Release of Liability clause requires us to have a separate Membership Application form for each member. Couples may send one check to cover both memberships at \$20 each.

Please complete this application and return with a check made out to SAS for \$20 per member.

Mail to: SAS, PO Box 8742, Madison, WI 53708

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

CELL PHONE _____ HOME PHONE _____

EMAIL ADDRESS _____

Retired Semi-Retired Working New Member Renewing Member

Optional Donation _____ How did you hear about SAS? _____

INTERESTS

Biking Bowling Camping Canoeing/Kayaking Dancing Golf

Hiking/Walking Skiing XC Snow Shoeing Tennis

Other _____

Please check ways you'd be willing to help with SAS: BOARD MEMBER Membership Hospitality

Programs Newsletter Computer Literacy Activity Leadership Finance Archives

Publicity

RELEASE OF LIABILITY/Indemnity

(Application will not be accepted without signing this release.)

I understand that participation in the activities of this organization may put me at risk of injury or loss. I hereby assume such risk, and I release, indemnify, and hold harmless the organization, its officers, its activity leaders, and my fellow participants from all liability for any injuries, damages, claims, or allegation of misadventure or negligence. I agree to indemnify and hold those identified above harmless and pay for all costs, attorney fees and other monetary awards incurred or determined in any lawsuit or claim related to the organization and myself.

Signature _____ Date _____

Emergency Contact _____ Phone _____

I permit my name, address, phone number(s) and email address to appear in the SAS directory.

Signature _____ Date _____

PICKLEBALL

Please check with the facilities below to see if they have temporarily paused their operation.)

We do NOT have a leader for Pickleball but will once again publish a list of the facilities that have begun to offer it again since the pandemic restrictions have been lifted. Please let me know of any additional facilities so that I can list them for our members. yvonesor@gmail.com

HITTERS: 608-833-4488 (Please call as times are currently variable)

PRAIRIE ATHLETIC CLUB: 608-837-4646 (Please call)

SALVATION ARMY 608-256-2321 (Please call)

TURNERS:608-222-4922 (Please call)

WAUNAKEE VILLAGE CENTER: 608-850-5992 Monday 9:30am - noon

Wednesday 9am - noon

Friday 9am - noon

Saturday 9am -11 am

YMCA (east) 608-221-1571 Tues: 12 pm-3pm; Thurs: 11 am–2 pm; Fri:1 pm-3pm

They also have an outdoor facility which is available during their regular hours.

YMCA (northeast - Sun Prairie): 608-857-8221 Mondays and Thursdays 1pm - 3pm

PAPER COPIES

If you have problems printing out the newsletter or would like a paper copy sent to you for any reason, please contact Yvonne at 608-221-3926 or yvonesor@gmail.com to be put on the paper copy mail list. You will still receive the email copy and other alerts by email if we have your email address.