

Membership dues for 2023 are due now!

SOARING WITH SAS

Sports for Active Seniors

**You don't stop playing when you get old,
You get old when you stop playing!**

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Volume 28 Issue 3

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MARCH 2023

BOARD OF DIRECTORS for 2022

President:	Bob Brooks	608-244-5582
Vice President :	Betty Jean Grafton	651-231-6879
Secretary:	Georgine Hinz	608-513-7658
Treasurer	Mary Juckem	608-358-0608
Archives:		
Hospitality:	Vernon Flesch	608-873-5906
Membership:	Mary Price	608-513-5724
Publications:	Yvonne Sorge	608-221-3926
Programs:	Larry Neuman	608-271-8657

GOLF

Vern Flesch is looking forward to planning golfing outings soon. He'd like to know who is planning to play and what day and time you'd like to play.

Past golfers and newly interested golfers are encouraged to contact him at :
vflesch@gmail.com or 608-873-5906

50+ MEET & GREET

The 50+ meet and greet scheduled for Thursday February 16 which was cancelled due to weather problems will occur in April.

The annual Goodman Center 50+MEET & GREET which features food, drink, booths, music, line dancing a mixers will be held on Thursday April 13 from 6 pm to 9 pm..

The cost is \$10 which includes food and one drink . Goodman Center is located at 214 Waubesa St. in Madison.

For more information, contact Gayle Laszewski: gayle@goodmancenter.org or at 608-204-8032.

An added plus will be that daylight savings will give those who don't drive after dark the opportunity to attend.

MEMBERSHIP

People over the age of 55 who are interested in actively participating in sports are invited to join us.

Questions? Call Sarah at 608-575-9685

PLEASE NOTE OUR NEW P.O. BOX # 8742 and ZIP CODE 53708 when renewing your membership.

Membership
for 2023
39

NEWSLETTER ITEMS

Extended deadline!!

The deadline for items, pictures, and address changes for the SAS newsletter has been **permanently changed** to the **20th** of the previous month.

Please submit them to Yvonne Sorge, 5310 Painted Post Dr., Madison, WI 53716, or call 608-221-3926, or, send an e-mail to yvonesor@gmail.com

Please also notify me if you have not received your newsletter by the 28th of the previous month.

MARCH BOWLING

On **Monday, March 13**, we will bowl at Ten Pin Alley Nesbitt Rd. 1:30 pm as usual.

On **Monday March 27**, bowling will be at Bowl-A-Vard on East Springs Drive in the East Towne area, also at 1:30pm.

If you have any questions, please Email, call or text

Georgine (gph8334@gmail.com)
608.513.7658.

IN MEMORIAM

BETTY DUFF

December 31, 1920 - January 20, 2023

BIKING

BIKING

Biking season is about to begin! Besides digging out that bike and pumping the tires up, PLEASE give us your ideas for your favorite ride or even better, plan one that we can join you in.

Watch for and/or plan an impromptu bike ride.

Bob Brooks: bandalaro@chartermi.net can send it out to the bikers or

Yvonne :yvonesor@gmail.com can send it to the general membership.

CAMPING

Betty Jean Grafton has once more made reservations for the 2023 camping season at Firefly Lake outside of Woodruff and Boulder Junction. With unlimited biking and hiking trails and canoeing, kayaking, swimming, flea markets and other fun activities available, **save the dates**: August 20-25 for your UP NORTH summer get-away.

SAS WEBSITE

We have an updated Newsletter under the "Newsletter tab". This will allow future members, and those that deleted their newsletter, to find information more quickly. If you have suggestions for the website, contact Deb Simon: debsimon.tango@gmail.com

The website is sportsforactiveseniors.org

PICKLE BALL

Please check with the facilities below to see if they have temporarily paused their operation.)

We do NOT have a leader for Pickle Ball but will once again publish a list of the facilities that have begun to offer it again since the pandemic restrictions have been lifted. Please let me know of any additional facilities so that I can list them for our members. yvonesor@gmail.com

HITTERS: 608-833-4488 (Please call as times are currently variable)

PRAIRIE ATHLETIC CLUB: 608-837-4646 (Please call)

SALVATION ARMY 608-256-2321 (Please call)

TURNERS:608-222-4922 (Please call)

WAUNAKEE VILLAGE CENTER: 608-850-5992 Monday 9:30am - noon

Wednesday 9am - noon

Friday 9am - noon

Saturday 9am -11 am

YMCA (east) 608-221-1571 **UPDATE (1/20/23)**:Tues: 12 pm-3pm; Thurs: 11 am–2 pm; Fri:1 pm-3pm

They also have an outdoor facility which is available during their regular hours.

YMCA (northeast - Sun Prairie): 608-857-8221 Mondays and Thursdays 1pm - 3pm

YMCA (west) : 608-276-6606 Tuesdays and Thursdays Noon - 2pm (\$5 for non-members)

PAPER COPIES

If you have problems printing out the newsletter or would like a paper copy sent to you for any reason, please contact Yvonne at 608-221-3926 or yvonesor@gmail.com to be put on the paper copy mail list. You will still receive the email copy and other alerts by email if we have your email address.

EMAIL NOTIFICATIONS

Please watch for emails announcing resuming activities.

If you are a SAS activity leader and would like to publicize an activity which will resume, please let me know and I can easily send an email notification to the general membership between newsletters. yvonesor@gmail.com or 608-221-3926.

Sports for Active Seniors (SAS) MEMBERSHIP APPLICATION 2023

The SAS Release of Liability clause requires us to have a separate Membership Application for each member. Couples may send one check to cover both memberships @\$20 each, but must send individual Membership Applications.

Please complete this application and return with check made out to SAS for \$20.00 per membership.

Mail to: SAS, P.O. Box 8742, Madison, WI 53708

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ CELL PHONE _____

E-MAIL ADDRESS _____

Retired Semi-Retired Working New Member Renewing Member

Optional Donation _____ How did you hear about Sports for Active Seniors? _____

INTERESTS

Biking Bowling Camping Canoeing Dancing Golf
 Hiking/Walking Skiing X-C Snow Shoeing Tennis

Other sport interests _____

Please check ways you'd be willing to help with SAS activities: Membership Hospitality Programs
 Newsletter Computer Literacy Activity Leadership Finance Archives Publicity

RELEASE OF LIABILITY/INDEMNITY

(Application will not be accepted without signing this release.)

I understand that participation in the activities of this organization may put me at risk of injury or loss. I hereby assume such risk, and I release, indemnify, and hold harmless the organization, its officers, its activity leaders, and my fellow participants from all liability for any injuries, damages, claims, or allegation of misadventure or negligence. I agree to indemnify and hold those identified above harmless and pay for all costs, attorney fees and other monetary awards incurred or determined in any lawsuit or claim related to the organization and myself.

Signature _____ Date _____

Emergency contact: _____ Phone: _____