

SOARING WITH SAS

Sports for Active Seniors

**You don't stop playing when you get old,
You get old when you stop playing!**

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Volume 26 Issue 7

JULY 2021

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BOARD OF DIRECTORS for 2021

President: Bob Brooks 244-5582
Vice President: Betty Jean Grafton 651-231-6879
Secretary: Georgine Hinz 513-7658
Treasurer: Ruth Bogart 446-4564
Archives:
Hospitality: Vernon Flesch 873-5906
Membership: Sarah Rankin 575-9685
Publications: Yvonne Sorge 221-3926
Programs: Larry Neuman 271-8657
Publicity:

NEW MEMBERS

Carlson, Barb
W1530 Arrowhead Rd.
Wisconsin Dells, WI 53965
C: 262-949-
B,C,P,G, Skiing
barbcarlson3@gmail.com

Temple, Anita
2517 Hoard St.
Madison WI 53704
608-345-0465
B,CN,PB,SS, Kayaking
anita.temple@gmail.com

REINSTATED MEMBERS

WELCOME BACK!

Backes, Joe
5902 Curtis St.
Mcfarland WI 53558
C: 608-332-9444
G,PB,T,XC
jjbackes1@gmail.com

Maas, Mary
6241 Charing Cross Lane
Middleton WI 53562
H: 286-1837
C:334-2889
B,BO,CP,CN,D,H/W,IS,T
maas125@aol.com

Walls, Larry
1921 Winchester Way
Waunakee WI 53597
469-4585 *
B,CN,,D,SS,W,X
Tryke3@aol.com

Zimmerman, George
4502 Mandrake Rd.
Madison WI 53704
H:244-8472
C: 669-8536 * B,G,X
gozimmerman@charter.net

MEMBERSHIP

People over the age of 55 who are interested in actively participating in sports are invited to join us.
Questions? Call Sarah at 575-9685

Membership
for 2021
70

Membership Applications

*If you have problems printing the 2021 SAS membership application, please let me know at yvonesor@gmail.com or 221-3926 and I will send you a paper copy by snail mail.
Thanks, Yvonne*

NEW TREASURER

Mary Juckem has agreed to fill the position of treasurer that Ruth Bogart will be leaving. The transition will involve some changes including the transfer to another P.O. Box. Further details will be in the August newsletter. Until then, please use our current P.O. Box 44795.

We are so grateful to Ruth for the many years she has served as our treasurer.

SAS PICNIC

The SAS Picnic will be held Thursday August 12 at Lake Farm park, late morning to early afternoon. It will be potluck and details about other activities and what will be provided will be in the August newsletter which will be sent out about July 20.

BIKING

The **cancelled** bike ride to **Paoli** scheduled for Friday June 18 will be rescheduled.

Tuesday June 22: 1:00pm Great Sauk State Trail

Meet at the Sauk City Riverfront Park (located on Water street approximately one mile north of the intersection of Hwy 12 and Hwy 78).

— Total miles 22 (11 miles out and 11 miles return on same trail).

—After ride option: meet at Vintage Brewery for food, beverage and conversation.

Once we leave Riverfront park there are no restrooms along the trail.

We do need bicycle helmets.

Reminder to bring water, sunscreen, mask.

Sue Poehlman 608-843-1381

cycletour100@gmail.com

* * *

The bike rides for the near term **from me** will be **impromptu**. For those who wish to lead a ride, I can post your ride by e mail. For those who are new to SAS you can e mail me if you wish to be put on the biking list.

Bob Brooks bandlaro@chartermi.net

Dear SAS Cyclists,

Please, we need help with planning bike rides for this season!

SAS is a group endeavor and was founded on the principle idea of every member participating in all facets of the organization.

So, please think about planning and leading a bike ride -- if each bicyclist would plan just one we would have a fair number of interesting rides. Now that some of the COVID restrictions are relaxed, and probably most of us are fully vaccinated, we can again share and enjoy biking together.

1. Contact me and I will put a date on the ride calendar for you. cycletour100@gmail.com (Notice that my email has changed!

2. Notify Yvonne so that she can put your ride details in the newsletter for the month of the ride. yvonesor@gmail.com

Looking forward to a fun season of bicycling with all of you!!

Sue Poehlman 608-843-1381

cycletour100@gmail.com

TENNIS

Rotation Tennis has started for the season. We play Monday, Wednesday, and Friday at Rennebohm Park.

No sign up is required and everyone is welcome. Please bring a new or slightly used can of tennis balls along with your racquet when you come to the park.

From **Memorial Day until Labor Day**, the start time will be 9:00am.

For more information or questions call Burt and Karen Scheele at (608) 238-4430 or contact by email at bkscheele@att.net

Thank you, Karen

Set Tennis will be played at Elver Park starting at 9 am. We will play on Tuesdays and Thursdays.

Those interested in playing should contact me by Sunday for each week in the coming months. Please bring a new or slightly used can of tennis balls.

For more information or questions, please contact:

Lois loislangenfeld@att.net or 608-233-2612

GOLF

9 Springs - Wednesday starting at 9:00

Call Ann White at 271 -2950 if you are interested in playing or have questions.

Friday golfing at various golf courses .

Hello to all players who played last year. Will you be playing this year? We would love to have more who like to golf and socialize. All levels are welcome. .

I will let you know where we'll play the Monday before. This invitation is to women and men.. We play 9 and have some social time after. Lets have some fun.

Send me an email if you would like to play this year. Vern vflesch@gmail.com.

HIKING/WALKING

John & Lauris are uncomfortable with the Ice Age Trail hiking currently and would like to have another volunteer lead the hikes this Summer.

Please contact Lauris at

lauris_wagner@yahoo.com or 608-445-4419 if you are interested in leading the group.

CAMPING

Camping has become a very popular activity during the Covid 19 pandemic. Betty Jean has booked 2 sites for the SAS camp out this Summer at Crystal Lake from Sunday (3 pm) August 22 - Friday (3 pm) August 27. We hope to once more co-ordinate activities with the SAS Cottage dwellers near by. For questions please contact Betty Jean Grafton.

CAMPING RESERVATION FORM

Camping at Crystal Lake near Woodruff, WI Sunday August 22 – Friday August 27.
CRYSTAL LAKE CAMPING REGISTRATION 2021

Name _____ Phone _____

Address _____ Deposit _____

CITY _____ STATE _____ ZIP CODE _____

E-Mail Address _____

A \$15 non-refundable deposit is required to reserve your space. Remaining expenses will be determined while camping. Please mail registration and deposit to Betty Jean Grafton at 16 Oak Grove Drive, Madison WI 53717. For Information contact Betty Jean at bettyjeank312@gmail.com or 1-651-231-6879.

SAS WEBSITE

The website has been updated. One of the new features is having an updated Newsletter under the "Newsletter tab". This will allow future members, and those that deleted their newsletter, to find information more quickly. If you have any suggestions for the website or the newsletter contact

Bob bandalaro@chartermi.net

The website is sportsforactiveseniors.org

EMAIL NOTIFICATIONS

Please watch for emails announcing resuming activities.

If you are a SAS activity leader and would like to publicize an activity which will resume, please let me know and I can easily send an email notification to the general membership between newsletters.

Yvonne - yvonesor@gmail.com or 221-3926.

NEWSLETTER ITEMS

Please send all items, pictures, and address changes for the SAS newsletter by the 15th of the previous month to Yvonne Sorge, 5310 Painted Post Dr., Madison, WI 53716, or call 221-3926, or, send an e-mail to yvonesor@gmail.com

Please also notify me if you have not received your newsletter by the 22nd of the previous month.

PAPER COPIES OF NEWSLETTER

If you have problems printing out the newsletter or would like a paper copy sent to you for any reason, please contact Yvonne at 221-3926 or yvonesor@gmail.com to be put on the paper copy mail list. You will still receive the email copy and other alerts by email if we have your email address.

Sports for Active Seniors (SAS) MEMBERSHIP APPLICATION 2021

The SAS Release of Liability clause requires us to have a separate Membership Application for each member. Couples may send one check to cover both memberships @\$20 each, but must send individual Membership Applications.

Please complete this application and return with check made out to SAS for \$20.00 per membership.

Mail to: SAS, P.O. Box 44795, Madison, WI 53744

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ CELL PHONE _____

E-MAIL ADDRESS _____

Retired Semi-Retired Working New Member Renewing Member

Optional Donation _____ How did you hear about Sports for Active Seniors? _____

INTERESTS

Biking Bowling Camping Canoeing Dancing Golf
 Hiking/Walking Skiing X-C Snow Shoeing Tennis

Other sport interests _____

Please check ways you'd be willing to help with SAS activities: Membership Hospitality Programs
 Newsletter Computer Literacy Activity Leadership Finance Archives Publicity

RELEASE OF LIABILITY/INDEMNITY

(Application will not be accepted without signing this release.)

I understand that participation in the activities of this organization may put me at risk of injury or loss. I hereby assume such risk, and I release, indemnify, and hold harmless the organization, its officers, its activity leaders, and my fellow participants from all liability for any injuries, damages, claims, or allegation of misadventure or negligence. I agree to indemnify and hold those identified above harmless and pay for all costs, attorney fees and other monetary awards incurred or determined in any lawsuit or claim related to the organization and myself.

Signature _____ Date _____