

SOARING WITH SAS

Sports for Active Seniors

**You don't stop playing when you get old,
You get old when you stop playing!**

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Volume 26 Issue 12

DECEMBER 2021

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BOARD OF DIRECTORS for 2021

President:	Bob Brooks	244-5582
Vice President :	Betty Jean Grafton	651-231-6879
Secretary:	Georgine Hinz	513-7658
Treasurer	Mary Juckem	358-0608
Archives:		
Hospitality:	Vernon Flesch	873-5906
Membership:	Sarah Rankin	575-9685
Publications:	Yvonne Sorge	221-3926
Programs:	Larry Neuman	271-8657
Publicity:		



SAS BOARD: from left: Yvonne, Larry, Georgine, Mary, Vern, Bob, Betty Jean, Sarah.

RECAP ANNUAL MEETING

Twenty-Eight members and guests attended our Annual Meeting potluck on Wednesday November 10 with 21 renewing memberships for 2022. They were treated to an outstanding presentation of "Ten things to know about Aging" by Dr. Alexis Eastman an assistant professor of geriatrics at the UW Hospital & Clinics.

The current Board of Directors was re-elected with the hope that someone will soon come forth to volunteer for one of the open positions of Archives and Publicity.

Ruth Bogart, who was recently replaced as treasurer by Mary Juckem, was thanked for her many years of service with the hope that she, as well as any other member who chooses to do so, will continue to support our Board of Directors

MEMBERSHIP

Membership
for 2022
26

People over the age of 55 who are interested in actively participating in sports are invited to join us. Questions? Call Sarah at 575-9685 PLEASE NOTE OUR NEW P.O. BOX # 8742 and ZIP CODE 53708 when renewing your membership.

Membership Applications

If you have problems printing the 2022 SAS membership application, please let me know at yvonesor@gmail.com or 221-3926 and I will send you a paper copy by snail mail. Thanks, Yvonne

DECEMBER BOWLING

We'll be bowling on Monday, **December 13**, at **Dream Lanes** on the East side. It's located at 13 Atlas Ct., just north of Cottage Grove Rd.

On **Monday, December 27**, we'll bowl at **Ten Pin Alley** on Nesbitt Rd. in Fitchburg.

We usually bowl three games and bowling begins at 1:30. C'mon out and join in! If you have any questions, please email, call or text Georgine (gph8334@gmail.com), 608.513.7658.

WINTER TENNIS ANYONE?

Larry Sommers would like to make a list of people, that he can contact, who might be interested in playing doubles at **Nielsen Tennis Stadium**, a few times this Winter, with him.

If enough SAS members are interested, Larry will take out an alumni membership at Nielsen and invite guests (Guest rates: \$10, or \$8 Monday through Thursday 10:30 am to 1:30 pm) to play once or twice a week. He will contact potential guests on an ad hoc basis.

If you are interested, please email him at larryfsommers@gmail.com and list times that you might be available to play.

HAPPY HOLIDAYS !!!

PICKLE BALL

We do NOT have a leader for Pickle Ball but will once again publish a list of the facilities that have begun to offer it again since the pandemic restrictions have been lifted. Please let me know of any additional facilities so that I can list them for our members. yvonesor@gmail.com

HITTERS: 833-4488 (Please call as times are currently variable)

PRAIRIE ATHLETIC CLUB: 837-4646 (Please call)

SALVATION ARMY 256-2321 (Please call)

TURNERS: 222-4922 (Please call)

WAUNAKEE VILLAGE CENTER: 850-5992 Monday 9:30am - noon

Wednesday 9am - noon

Friday 9am - noon

Saturday 9am—11 am

YMCA (east) :221-1571 Tuesdays and Fridays 1pm-3pm

They also have an outdoor facility which is available during their regular hours.

YMCA (northeast - Sun Prairie): 857-8221 Mondays and Thursdays 1pm - 3pm

YMCA (west) :276-6606 Tuesdays and Thursdays Noon - 2pm (\$5 for non-members

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NEWSLETTER ITEMS

Please send all items, pictures, and address changes for the SAS newsletter by the 15th of the previous month to Yvonne Sorge, 5310 Painted Post Dr., Madison, WI 53716, or call 221-3926, or, send an e-mail to yvonesor@gmail.com

Please also notify me if you have not received your newsletter by the 22nd of the previous month

EMAIL NOTIFICATIONS

Please watch for emails announcing resuming activities.

If you are a SAS activity leader and would like to publicize an activity which will resume, please let me know and I can easily send an email notification to the general membership between newsletters. yvonesor@gmail.com or 221-3926.

PAPER COPIES OF NEWSLETTER

If you have problems printing out the newsletter or would like a paper copy sent to you for any reason, please contact Yvonne at 221-3926 or yvonesor@gmail.com to be put on the paper copy mail list. You will still receive the email copy and other alerts by email if we have your email address.

SAS WEBSITE

The website has been updated. One of the new features is having an updated Newsletter under the "Newsletter tab". This will allow future members, and those that deleted their newsletter, to find information more quickly. If you have any suggestions for the website or the newsletter contact

Bob bandalaro@chartermi.net

The website is sportsforactiveseniors.org

DANE COUNTY PARKS

(Information & Events Newsletter November 12, 2021)

Event offerings through the Information & Events Newsletter November 12, 2021). This publication is offered twice monthly at daneparks@countyofdane.com.

*Friends of Anderson Farm Park Workday Event Dates:

12/11/2021 8:00 am - 10:30 am

01/08/2022 8:00 am - 10:30 am

02/12/2022 8:00 am - 10:30 am

Event Description: Join Anderson Park Friends, Inc. for their monthly workdays as they continue restoration work at Anderson Farm County Park. Potential activities will be related to woodland restoration to encourage growth of native plants. Restoration work helps to promote biodiversity within our natural systems and provides stewardship of our natural heritage. Anderson Park Friends will provide all equipment. Parking will be available in the gravel parking lot located at 914 Union Rd, Oregon, WI 53575

Sports for Active Seniors (SAS) MEMBERSHIP APPLICATION 2022

The SAS Release of Liability clause requires us to have a separate Membership Application for each member. Couples may send one check to cover both memberships @\$20 each, but must send individual Membership Applications.

Please complete this application and return with check made out to SAS for \$20.00 per membership.

Mail to: SAS, P.O. Box 8742, Madison, WI 53708

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME PHONE _____ CELL PHONE _____

E-MAIL ADDRESS _____

Retired Semi-Retired Working New Member Renewing Member

Optional Donation _____ How did you hear about Sports for Active Seniors? _____

INTERESTS

Biking Bowling Camping Canoeing Dancing Golf
 Hiking/Walking Skiing X-C Snow Shoeing Tennis

Other sport interests _____

Please check ways you'd be willing to help with SAS activities: Membership Hospitality Programs
 Newsletter Computer Literacy Activity Leadership Finance Archives Publicity

RELEASE OF LIABILITY/INDEMNITY

(Application will not be accepted without signing this release.)

I understand that participation in the activities of this organization may put me at risk of injury or loss. I hereby assume such risk, and I release, indemnify, and hold harmless the organization, its officers, its activity leaders, and my fellow participants from all liability for any injuries, damages, claims, or allegation of misadventure or negligence. I agree to indemnify and hold those identified above harmless and pay for all costs, attorney fees and other monetary awards incurred or determined in any lawsuit or claim related to the organization and myself.

Signature _____ Date _____